

Speak Out Loud:

Stories of Strength from the Southern Downs

EPISODE: LANDCARE

GUEST: Tanya Jobling, Condamine Headwaters Landcare Group

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SUMMARY OF EPISODE

Tanya Jobling joins me for today's episode to share information about the Condamine Headwaters Landcare Group, a not for profit organisation which has been active across the region for 30 years. The Condamine Headwaters Landcare Group collaborates with other organisations to help the community connect with land management workshops and projects that benefit the health of the land and the health of the people. This includes education on techniques such as natural sequence farming, regenerative agriculture, bio controls and bushfire risk mitigation, as well as bush care groups which are open to anyone interested in getting involved.

Listen to the podcast conversation to hear Tanya share:

- her connection to the Southern Downs in her role with the Condamine Headwaters Landcare Group
- the Condamine Headwaters Landcare Group delivers projects relevant to farmers, conservationists, bush carers and land managers
- people living and working on the land have been feeling the challenges of natural disasters and the pandemic in a similar way to the wider community
- farmers prepare for disruptive events such as floods, drought and fires which are a normal part of the landscape they manage
- a recent project was inspired by the early adopters of natural sequence farming in the region and delivered workshops, courses and funded works on local properties
- regenerative agriculture projects have looked at a range of techniques to build soil, biodiversity and agricultural health which creates resilient systems
- current regenerative agriculture projects include natural sequence farming, multi-species cover crops, pasture crops, grazing practices, tree establishment, soil health and system health for farming
- the benefits of regenerative agriculture can be seen across the landscape and the community
- many people are discovering that regenerative practices are interesting and rewarding as they gain a deeper understanding of the diverse range of options available and how they can work with the landscape

- the Condamine Headwaters Landcare Group runs projects for people who are farming or land managers, as well as people interested in getting involved with bush care groups
- you can contact the Condamine Headwaters Landcare Group office to discuss what projects, workshops or groups are of most interest to you
- change is certain, and a top tip for dealing with change is to focus your energy on looking after yourself and being prepared for change
- cultural burning workshops have helped participants understand the indigenous perspective of land management, the landscape health benefits of appropriate fire, and bushfire risk mitigation
- Landcare is a not-for-profit community organisation which receives no government funding
- Landcare is resilient in the face of reduced funding, aiming to be an effective community group in the current system and looking towards the future
- you can connect with the Condamine Headwaters Landcare Group by phone, email, Facebook, becoming a member, or subscribing to their emails

CONTACT CONDAMINE HEADWATERS LANDCARE GROUP

P: 07- 46619909

E: officechlg@gmail.com

FACEBOOK: <https://www.facebook.com/CHLandcare/>

RESOURCES MENTIONED IN THE PODCAST

Landcare Australia <https://landcareaustralia.org.au/>

Condamine Headwaters Landcare Group <https://www.facebook.com/CHLandcare/>

Tarwyn Park Training <https://www.tarwynparktraining.com.au/>



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The Speak Out Loud: Stories of Strength podcast has been produced by Kathryn Walton Consulting www.kathrynwalton.com.au



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The information shared in the podcast and handouts is intended for general information only. To the best of our knowledge, this information was correct at the time of publishing. Please consult with your doctor or health provider for support based on your individual needs.

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